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{page 18}

# HALL OF FAME

## TIME WITH BLUE JAYS 'BEST OF MY CAREER,' SAYS ALOMAR {page 21}

OTTAWA

# metro®

Monday, July 25, 2011  
www.metronews.ca

News worth sharing.

# 'Marathon of Health'

► Local family running across Canada, U.S. to combat couch potato lifestyle

While most people kept cool indoors and in pools during Thursday's scorcher, the Chicoine family ran more than 130 kilometres in 36 C weather on their way into Ottawa.

"It was hardest run of the trip," said 19-year-old Jake Chicoine, one of the family's six kids. "It was challenging, that's for sure. I felt like fainting."

The family of eight from Wakefield, Quebec started the Marathon of Health in Vancouver in May and is running relay style across Canada and the U.S. Their goal is to inspire North Americans to reverse their sedentary lifestyles by promoting physical activity.

The father, Ed, a chiropractor of 28 years, said he was tired of seeing people come into his office and not taking care of themselves. Now his family is raising funds for KidSport Canada, Right to Play, and Get America Fit.

"Initially I was going to run by myself across the country and then my kids said 'there's no way you're doing it without me' and they all joined," said Ed.

The family hopes to raise \$5 million dollars to promote kids' fitness in North America.

● JOE LOFARO



**Local**  
**Fatal south end crash**

► Osgoode man killed in single-car crash  
► Police still investigating the cause of the incident {page 3}

**Tormented talent**

Amy Winehouse's quantity was minimal, but her quality was outstanding {page 11}

**Mothers guilt?**

Getting a grip on a 'mother's disease' that goes all the way back to biblical times {page 15}

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## Ceiling fire in Vanier townhouse

Six people have been turned out of their homes after a fire at a Vanier townhouse.

Forty-two fire personnel responded to the fire at 202 Presland Rd. just before 1 p.m. yesterday after reports of smoke coming from a bedroom. Firefighters controlled the blaze, which was contained to the ceiling and roof.

No civilians or firefighters were injured. Damage to the house and its contents is estimated at \$250,000. **JOE LOFARO**

## City backed on transit scheduling

An arbitrator has released a final ruling on a scheduling dispute between the City of Ottawa and OC Transpo drivers with Amalgamated Transit Union Local 279.

The ruling potentially clears the way for negotiations on a new collective agreement.

The city received the final award by the Keller Interest Arbitration Panel Friday for the 2008-2011 collective agreement. The panel recognized that the city had complied with earlier rulings to establish a scheduling system at OC Transpo that is consistent with the majority of the North American transit industry.

**JOE LOFARO**



# 1

news



What do a man who drove 800 km for a burrito and a man with a cow for a best man have in common? Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at [2dscan.com](#).

On the web at [metronews.ca](#)



Mystery surrounds a historic navy cemetery in Halifax. Video at [metronews.ca](#)

# Police investigate fatal crash in south end

## Osgoode man killed when car left road, rolled over yesterday morning



**SEAN MCKIBBIN**  
@METRONEWS.CA

A 22-year-old Osgoode man was killed in a single-car crash early yesterday when his car crossed into the oncoming lane, caught the gravel shoulder and rolled, police said.

Tyson Wiegand was ejected from the vehicle and paramedics pronounced him dead at the scene.

Police said the crash happened sometime between 3 a.m. and 6 a.m.

on Snake Island Road between Nixon Drive and Doyle Road. It's not clear why the westbound vehicle crossed into the oncoming lane, but police are investigating the cause of the incident.

"We don't have anything to say right now. We

just need a little bit of time," said a woman who answered the phone at the home of Wiegand's father, Michael. Wiegand, who worked as a landscaper, is also survived by his mother, Deborah, and his sisters, Tasha, 19, and Corinne, 20.

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04

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MONDAY, JULY 25, 2011



► Jeannette Coleman, right, holds back tears as she and Kawane Harris, both of New York, arrive to get married at the Manhattan City Clerk's office yesterday.

## Gay couples tie knots in N.Y.

► City officials conducted 823 ceremonies ► Participants allowed to exchange vows moments after receiving licenses

Hundreds of gay couples recited vows in emotion-choked voices and triumphantly hoisted their long-awaited marriage certificates yesterday as New York became the sixth and largest state to recognize same-sex weddings.

Couples began saying "I do" at midnight from Niagara Falls to Long Island, though New York City became the sometimes raucous centre of action.

Meanwhile, thousands of

### Angry Protests

Thousands of opponents of gay marriage took their dissent to the streets.

► The National Organization for Marriage held rallies in New York City, Albany, Rochester and Buffalo.

protesters rallied in several cities around the state, a signal that the long fight for recognition may not be

over just yet.

New York's adoption of legal same-sex marriage is viewed as a pivotal moment in the national gay-rights movement and was expected to galvanize supporters and opponents alike.

The state joined Connecticut, Iowa, Massachusetts, New Hampshire and Vermont, along with Washington, D.C., when it voted last month to legalize gay marriage.

THE ASSOCIATED PRESS

### INTELLIGENCE FINDINGS

#### RCMP kept tabs on renowned academic

Canada's intelligence service spied on renowned literary scholar Northrop Frye, closely eyeing his involvement in the anti-Vietnam War movement, an academic forum on China and efforts to end apartheid in South Africa.

Newly released

archival records show the RCMP Security Service relied on a secret informant to help compile a 142-page file on the esteemed University of Toronto professor, who died in 1991 at age 78. A bespectacled academic, Frye seems an unlikely counter-intelligence target. But the Mounties were wary of anyone deemed influential among the burgeoning New Left and monitored universities, the media, churches and political organizations during the Cold War.

THE CANADIAN PRESS

#### Evacuees may soon return

The Ontario government says the 3,600 people evacuated from their communities because of fires in the northern part of the province could be able to return home soon.

Deputy Community Safety Minister Ian Davidson says officials will decide which people get to return first based on the safety of the places they're returning to and the capacity of the government to move them back.

THE CANADIAN PRESS

# Norway suspect sought crusade

► Anders Breivik released manifesto with anti-Muslim rants ► Doctor says gunman used special bullets

The man blamed for killing at least 93 people during terrorist attacks on Norway's government headquarters and an island retreat for young people wanted to trigger an anti-Muslim revolution in Norwegian society, his lawyer said yesterday.

The manifesto that 32-year-old suspect Anders Behring Breivik published online ranted against Muslim immigration to Europe and vowed revenge on those "indigenous Europeans" whom he deemed had betrayed their heritage.

The document said they would be punished for their "treasonous acts."

**► Breivik**

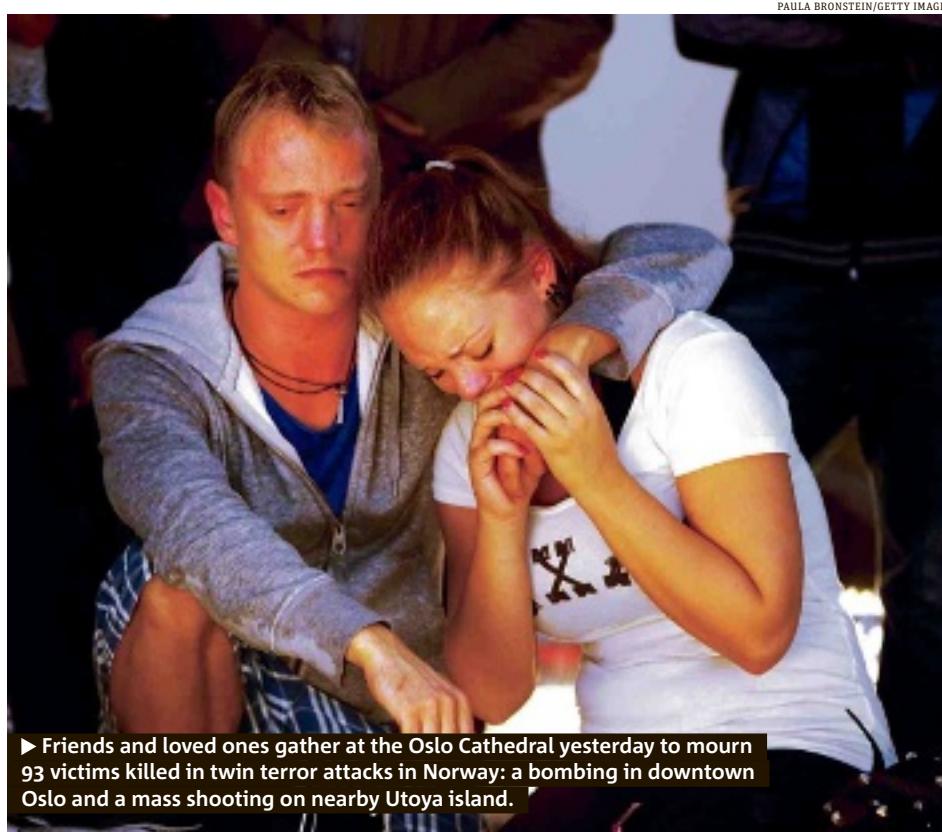
THE ASSOCIATED PRESS

## Ammo 'exploded'

- Dr. Colin Poole, head of surgery at Ringraket Hospital in Honefoss, northwest of Oslo, told The Associated Press the gunman used special bullets designed to disintegrate inside the body and cause maximum internal damage.
- Poole said surgeons treating 16 gunshot victims have recovered no full bullets. "These bullets more or less exploded inside the body."

Police said they were analyzing the approximately 1,500-page document. They said it was published Friday shortly before the back-to-back bomb and gun attacks.

THE ASSOCIATED PRESS



## Canadians reach out

Flowers and a sign left on the Norwegian war memorial on the Halifax waterfront this weekend expressed heartfelt concern for the nearly 100 people who were killed in a horrifying terrorist attack.

"It's a terrible thing. The country is in total shock," said Steinar Engeset, who has worked in the Royal Norwegian Consulate in Dartmouth for more than 40 years. He said he took photos of the thoughtful sign and wants to send it to Norwegian newspapers to show his countrymen that Canadians care.

● JENNIFER TAPLIN

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## Preliminary Notice

If you paid fees to the Economic Stream of the Nova Scotia Nominee Program, there is a proposed settlement of your claim being considered by the courts. Read this to find out more.

### What is this about?

A lawsuit was started against the Province of Nova Scotia in 2009. The goal was to get a refund for people who applied for and paid fees into the former Economic Stream of the Nova Scotia Nominee Program. The Supreme Court of Nova Scotia is now being asked to certify that lawsuit as a class action. Your legal rights may be affected. The lawyers for both sides have made a deal that would give a refund to eligible people. The Supreme Court of Nova Scotia is being asked to approve the settlement as fair and reasonable.

### Would I be included if the court approves the settlement?

You would be if you (1) paid money to Nova Scotia under the Economic Stream of the Nova Scotia Nominee Program, (2) landed and obtained permanent resident status in Canada, and (3) did not already get a refund. As long as you told the truth in your application and immigration filings, you should be eligible for a refund.

### How much would I get?

If you were not paid anything under a business mentorship, you will get \$75,000 less approved legal fees if your claim is successful. If you did receive anything under a business mentorship, your payment will be further reduced by that amount.

### Would I have to pay anything out of my own pocket?

No. The lawyers' fees will simply be deducted as set out above. You will not be billed. The amount deducted from your own award for legal fees will be 15% or less. There is a costs award of \$450,000 proposed to be paid on account of fees by the government directly. The Supreme Court must approve the lawyer's fee as fair and reasonable.

### Can I apply to get my money now?

No. The court has to approve the settlement first. If you would like to make sure that you receive a claim form later, you can email your details to the lawyers for the proposed class. The contact lawyer for the class is Greg McMullen, who can be reached at [gmcullen@branmac.com](mailto:gmcullen@branmac.com) or 604-631-2560.

### What do I do if I want to support or oppose the settlement?

Let Greg McMullen know. You can email or mail him your views at [gmcullen@branmac.com](mailto:gmcullen@branmac.com) or 1410-777 Hornby Street, Vancouver BC, V6Z 1S4. You also have the right to attend the hearing, which will take place at The Law Courts Building, 1815 Upper Water St., Halifax on Monday, September 26, 2011 at 9:30 a.m.

### What if I do not want to be part of the class action if it is approved?

If the settlement is approved, you have the option not to participate. You will be able to complete an opt out form if you do not want to receive any benefits or be bound by the result. If you do not want to take part, you have to opt out. If you opt out, you will not get any benefit from the settlement.

### What if too many people opt out?

If more than 50 people opt out, the Province will have the right to cancel the settlement. Neither the Province nor the lawyer for the class expect this to occur however.

### I have other questions.

For more information, visit <http://www.branchmacmaster.com/nova-scotia-immigration/>. The formal court documents can be found there. If you still have questions, just contact the lawyer appointed by the court to act for the class, Greg McMullen at Branch MacMaster LLP, at [gmcullen@branmac.com](mailto:gmcullen@branmac.com) or 604-631-2560.

# FBI probes News Corp.

LOUIS LANZO/The Associated Press

## ► U.S. allegations of phone hacking ► PI claims News Corp. reporters sought phone records of 9/11 victims

The FBI is launching a preliminary review of whether phone hacking and bribery by Rupert Murdoch's media empire violated U.S. laws.

That means Murdoch and his company face investigations on two continents. Depending on what turns up, it could threaten other Murdoch properties, which include the Fox television network.

Published reports say Murdoch's parent company, News Corp., based in New York, is assembling a gold-plated roster of lawyers to deal with any U.S. legal action. News Corp. would not confirm the hirings.

THE ASSOCIATED PRESS

### Dragnet

- The FBI is looking into phone hacking, bribery and any other allegations against Murdoch entities that appear in print or even old court records.
- That includes an old civil lawsuit that a unit of News Corp. hacked into computers of a small advertising competitor in New Jersey and obtained confidential information it used to lure away clients.
- Investigators also plan to question actor Jude Law about allegations his phone was hacked while he was in the U.S.



► Back in New York after being grilled by British MPs last week, Rupert Murdoch and his media empire, News Corp., face investigation by Scotland Yard and the FBI.

### Market moment

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PRICES AS OF 5 P.M. YESTERDAY

# North Korea joins the wired world

North Korea is undergoing a digital revolution, even as it grapples with chronic shortages of food and fuel. Its cyberspace policies are among the most restrictive in the world. Yet inside Pyongyang, there's a small but growing digital culture, observers say.

North Korea's biggest IT hub, the state-run Korea Computer Centre, has been around since 1990.

Since then, North Korean IT firms have quietly been developing software for banks in the Middle East, applications for cellphone makers in Japan

and South Korea and even video games for Nintendo and Playstation, said Paul Tjia, a Dutch IT consultant who works with North Korean companies.

Programmers there have also developed games for Facebook, the iPhone and iPad, Wii and Black-

Berry, he said.

But many in the West remain wary, seeing in North Korea's bid to train a generation of computer experts the spectre of hackers launching attacks on the defence systems of rival governments.

THE ASSOCIATED PRESS

# Sudan issues new currency after southern independence

Sudan has introduced new banknotes and coins stripped of any symbols linked to South Sudan, which declared independence this month after more than a half-century of intermittent war with the north.

South Sudan began using its own currency nearly a week ago.

The Sudanese government began circulating a new edition of the Sudanese pound yesterday as a precautionary measure following the loss of oil revenues resulting from South Sudan's independence, according to

Sudanese President Omar al-Bashir.

While the new Sudanese notes are similar to the old ones, the 10-pound banknote no longer depicts a large-horned cow, a symbol of South Sudan's western Bahr al-Gazal region.

Sudan has also gone back to using a one-pound coin instead of a paper bill.

South Sudan became officially independent from the north on July 9, breaking away after more than 50 years of armed conflict.

THE ASSOCIATED PRESS



► A woman displays Sudan's new currency yesterday at the Central Bank in Khartoum.

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# WHO'S AFRAID OF A LITTLE HEAT?

## URBAN COMPASS

STEVE COLLINS  
METRO OTTAWA



We're getting a reprieve not only from the past week's sudden, record-threatening heat, but also the low-level alarmism that rolled in with it. With all the warnings in circulation, you'd think we'd never seen hot weather in July before.

Perspective should never be lost. Unlike other areas of the country, we haven't spent part of our summer either flooded or on fire. Evacuees from Kingfisher Lake First Nation, some of whom are staying in the residences at Algonquin College while they wait out forest fires, will no doubt be happy to get back home. But for now, it's not hard to pick the better spot to be.

Still, we made much of our small problems last week. A friend was surprised that his kids' soccer league had cancelled games not just for the hottest days, but for the entire week. It may have been an overreaction, but caution was much on our minds (though not on that of the sweat-drenched speed-walker who buzzed by me in Thursday's worst heat, looking to me even nuttier than usual).

The warnings from local health authorities were of course prudent. Heat can kill, and our willingness to take the weather seriously played a role in keeping our casualty rate at zero.

The city advised people to seek out air conditioning, for example by hiding out from the day's worst heat at the library. Fortunately, the heat had abated by yesterday, as the library's current budget doesn't allow for Sunday hours at any of its branches in summer.

For the most part, though, we faced little that some shade and a cold beverage of your choice couldn't remedy.

It's possible we were still in a state of heightened weather-wariness from last Sunday's storm, which knocked out power in parts of the city and spectacularly blew down the MBNA stage at Bluesfest.

The following morning, with the week's humidex horrors already underway, the festival's executive director, Mark Monahan, faced the media (in T-shirt and sandals) to explain why he hadn't pulled the plug earlier as the storm approached.

"We don't automatically call a show because we have weather we see coming in," he said. "If we did that, we wouldn't be able to run a festival."

It's an outdoor festival, after all, and that's where the weather is. Similarly, it's summer, and some stinking hot days are to be expected. They'll be gone, and missed, soon enough.

**"It's possible we were still in a state of heightened weather-wariness from last Sunday's storm, which knocked out power in parts of the city and spectacularly blew down the MBNA stage at Bluesfest."**

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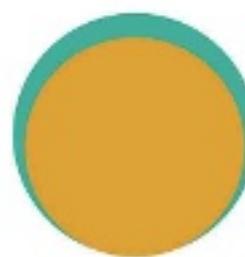


Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

Gadgets on vacation — good or bad?

55%

GOOD — I CAN'T RELAX WITH UNREAD EMAILS



45%

BAD — I MUST DISCONNECT TO UNWIND

## Worth Mentioning

**ROYALS.** A 10-year-old Volkswagen Golf that was once owned by Kate Middleton attracted close to \$75,000 as bidding closed on eBay yesterday.

Book value on a 10-year-old Golf is about \$5,700.

The difference with this used car is that it comes with a document that says it was once owned by Prince William's new bride.

She bought the car in 2001 while she was a student at the University of St. Andrews in Scotland. It was there that she met and began dating Prince Andrew. After putting on about 100,000 kilometres, Kate passed the car onto her brother James in 2007. A few years later, the Middletons made a deal with a local car dealership in Berkshire, and the car ended up with the dealer owner's son, Sonny Brazil.

"When I saw who had had the car, it was quite a surprise, and I thought it might be a nice piece of history," said the 21-year-old Brazil.

With his eyes set on a down payment toward a house, Brazil decided to put the car up for auction.

**TORSTAR NEWS SERVICE**

## Cartoon by Michael de Adder



### WEIRD NEWS

## Study finds link between penis size, economy

To his surprise, a Finnish doctoral student has discovered size really does matter when you compare penis length and world economic growth.

But despite rigorous analysis and careful mathematical charting of data, Tatu Westling isn't quite ready to, as he puts it, "imply that I believe in causality at this point."

The Helsinki University economic doctoral student's study says penis

size, more than democracy, has a "robust" effect on gross domestic product.

"One striking result is the collapse of the GDP after male organ exceeds the length of 16 centimetres," Westling concludes. "Male organ alone can explain 20 per cent of the between-country variation in GDP growth rates between 1960 and 1985."

Westling's study employs a recognized 121-country dataset also used by leading economists, including chairman of the U.S. Federal Reserve Ben Bernanke, to study economic growth.

He applies all the usual controls of a serious academic study.

**TORSTAR NEWS SERVICE**



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## metrosce

metronews.ca

MONDAY, JULY 25, 2011

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► Amy Winehouse, 27, died in her London apartment on Saturday ► The news, like the sudden death of anyone, was both shocking and not so shocking ► She joins the Forever 27 Club, a collective of deceased musicians that includes Hendrix, Joplin, Morrison and Cobain



PAT HEALY  
SCENE@METRONEWS.CA

METRO WORLD NEWS IN BOSTON

Before he died, Kurt Cobain's mother used to plead with her famous son "not to join that stupid club." The club in question is the morose collective of famous musicians who died at the age of 27.

As with its tragic newest member Amy Winehouse, who died on Saturday, the departure of these singers often leaves behind a complicated legacy.

**JIMI HENDRIX (1942-1970)**  
This left-handed guitarist is credited with revolutionizing the way the electric guitar is played, and within his brief recording career he showed so much innovation that we are only left to speculate how different music would be today had he lived longer.

**JANIS JOPLIN (1943-1970)**  
Joplin was known for her partying as much as her goose-bump-inducing bluesy howl. She came to prominence as singer of Big Brother and the Holding Company.

**JIM MORRISON 1943-1971**  
The Doors singer trafficked heavily in prophecies of his own death, from his lyrical imagery of breaking on through to the other side to ghosts crowding his mind to his chants of "no one gets out of here alive!" on the Doors song, Five to One.

**KURT COBAIN (1967-1994)**  
The Nirvana singer's brash approach to music reinvigorated rock 'n' roll in the '90s and like many of the artists in the Forever 27 Club, his image and iconography can still be seen on dorm room posters and T-shirts everywhere.



► Amy Winehouse, the beehived British soul-jazz diva, possessed self-destructive habits that overshadowed a distinctive musical talent.

# Troubled talent

Lately, Winehouse had been more famous for her druggy exploits than her performances.

Anyone who saw the YouTube footage of a June concert in Belgrade knew she was ill — she cancelled her European tour immediately after. Before Saturday, that clip was a funny train

wreck. Now it looks to be a cry for help.

Winehouse had only released two discs of music, her last and most famous, Back to Black, in 2006. But although her quantity was minimal, the quality was so outstanding, and revealing, that it may have been all she could give.

She lived her life like the lyrics she wrote: her misery, heartache and self-destructive urges all spoke to a pain that connected to listeners around the world.

She told us she was trouble. But we never believed her when she said she was no good.

• METRO

### Timeline

#### Her highs and lows

##### Sept. 14, 1983

► Winehouse is born in Southgate, London.

##### 2002

► She signs with Simon Fuller, music producer and American Idol creator.

##### 2003

► Her major label debut, Frank, is a critical darling, and a hit in the U.K., though it never fully crossed over in America.

##### 2006

► Back to Black, her old-school R&B collaboration with music producer Mark Ronson, features her hits

You Know I'm No Good and Rehab. It makes her an international megastar.

##### 2008

► She wins the most Grammys ever by a female British act.

##### 2008 and on

► It's all a blur. Despite cutting some tracks and scat-

tered live appearances, Winehouse is more frequently seen stumbling out of nightclubs or off stage.

##### July 23, 2011

► Winehouse is pronounced dead by British police. The cause of death is currently unknown but an overdose is suspected.

### Celebrity tweets



she was my musical soulmate & like a sister to me. this is one of the saddest days of my life  
Mark Ronson



i cant even breath right my now im crying so hard i just lost 1 of my best friends. i love you forever Amy & will never forget the real you!

### Reader tweets



Metro readers give their reaction:

- @thecheckoutgirl "When other peoples problems serve only to make you feel superior, you're missing the point of being human."
- @jimeustice "Her career was short, but (for better or worse) there is no Adele or singers of her ilk without #AmyWinehouse."

2  
scene

### Box office



In a battle of summer movie heroes, Captain America topped Harry Potter this weekend at the box office. Studio estimates yesterday show Paramount's Captain America: The First Avenger opened at No. 1 with \$65.8 million. The Marvel Comics superhero movie sets up next summer's all-star blockbuster The Avengers.  
THE ASSOCIATED PRESS



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► Giddy-up: Daniel Craig attends the premiere of Cowboys & Aliens at Comic-Con 2011 at San Diego Civic Theatre Saturday in San Diego, California.

## Cowboys & Aliens an '8-year-old's fantasy'

► Comic-Con fans get first glimpse of sci-fi Western flick

The star-studded Cowboys & Aliens cast walked the red carpet in San Diego on Saturday, giving Comic-Con its first Hollywood-style movie premiere.

Fans lined up in front of the San Diego Civic Theatre to see the sci-fi Western's starring actors, who include Harrison Ford, Daniel Craig, Olivia Wilde, Sam Rockwell and Keith Carradine.

The film's director, Jon Favreau, and producers Steven Spielberg, Ron Howard and Brian Grazer also were at the premiere.

Rockwell called the mash-up of film genres "a total 8-year-old's fantasy."

Hundreds of Comic-Con attendees followed clues texted to their cellphones to win tickets to the event.

"This kind of overshad-

ows Comic-Con," said 22-year-old Khalil Tiner of Las Vegas, a six-year veteran of the fan festival. "This is something new, and it's exciting."

Wendy Lee of Los Angeles and Chris Saguisag of San Francisco, said they enjoyed dashing around town trying to win tickets.

"We got a lot of cardio running after the bricks" that contained a chance to attend the premiere, Lee said. "It's something we worked for really hard."

The couple was in line hours ahead of the scheduled showing, but they didn't mind missing the happenings inside the San Diego Convention Center. "We already saw everything we wanted to see," Lee said.

Favreau said he unveiled his movie at Comic-Con to thank conventioneers for their support of the films he introduced there in the past, including his two Iron Man movies. The film opens in theatres on Friday.

THE ASSOCIATED PRESS

### Red carpet shift

The film's director, Jon Favreau showed early footage from Cowboys & Aliens during a Comic-Con panel last year.

► Favreau invited Comic-Con fans to be a part of the premiere to "see what that part of the equation is like."

► "They generally don't get to experience that part of it," he said. "That's more of a Hollywood thing."

THE ASSOCIATED PRESS



► The cast of Snow White and The Huntsman from left, Sam Claflin, Chris Hemsworth, Kristen Stewart and Charlize Theron pose for a photo at the Comic-Con International 2011 convention on Saturday in San Diego, California.

## Twilight's Stewart suits up for battle in Snow White remake

Kristen Stewart dons armour and wields a huge sword and shield for her next movie. Rest assured, it will not be your mother and father's Snow White.

Stewart joined other cast and crew Saturday at the Comic-Con fan convention for a preview of next year's Snow White and the Huntsman, an action-packed twist on the fairy tale.

The Twilight star told a Comic-Con crowd that doing a sweet, traditional Snow White was not something "I was jumping at."

What attracted her was that this Snow White was a bold leader with her feet firmly on the ground.

"Also, I get to have a sword and stuff," Stewart

said. "Really cool weapons."

The movie is due out next June and is one of two Snow White movies Hollywood has coming.

The other, due out next March, features Julia Roberts as the evil queen.

The cast of Stewart's Snow White includes Charlize Theron as the wicked queen, Chris Hemsworth as a rugged huntsman and Sam Claflin as a prince.

The movie starts shooting in a few weeks.

Director Rupert Sanders showed off photos of the stars in costume, among them Stewart in her fighting outfit and Theron in a sleek black gown with savagely high and sharp collars.

The actors playing them include Ian McEwan, Bob Hoskins, Ray Winstone, Nick Frost and Toby Jones.

There are eight dwarves rather than the usual seven.

Sanders said "there are eight because there are a few great lines when one of them gets killed."

THE ASSOCIATED PRESS



► Freida Pinto  
**Freida Pinto cosies up to new Superman in Immortals**

Freida Pinto is the envy of women Comic-Con. She gets to sex up the star of the new Superman movie in her upcoming action movie Immortals. Pinto and Henry Cavill, who plays Superman in Man of Steel, wound up getting acquainted quickly when Immortals went into production.

Director Tarsem Singh told a Comic-Con audience Saturday that the sex scene was the first thing shot on the first day of filming. Immortals arrives in theatres in November.

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# Leo and Gossip gal still going strong

► Pair spotted shopping and dodging crowd of fans together

Despite rumours earlier this weekend that Leonardo DiCaprio and Blake Lively had split up, the pair are still very much together, sources tell Us Weekly.

"They seemed very much in love," says a source who spotted them shopping for sunglasses in Santa Barbara, Calif.

But the Inception star and his Gossip Girl gal only got about 10 minutes of browsing in "before a crowd of fans noticed them and they rushed out," the source adds. ● METRO



► Leonardo DiCaprio



► Blake Lively

ALL PHOTOS GETTY IMAGES

## Bitter or wise?

### Biebs will fall: Vanilla Ice

'IT'S GOING TO BE ENTERTAINING TO WATCH' While Justin Bieber's career may be riding high now, the teen sensation shouldn't get too comfortable at the top — at least according to Vanilla Ice.

"Something else new will come along and he'll be forgotten," he tells the Huffington Post.

"It's going to be entertaining to watch."

And while it might just sound like bitterness or envy, the former rap star knows of what he speaks.

"I mean, I did Ice Ice Baby when I was 16. So I can kind of relate a bit. Sold over 100 million records," Vanilla Ice says.

"I had a weekend that lasted about three years, and I didn't know who I was, what's my purpose in life." ● METRO

## Remembering Winehouse



"She was the closest thing we have ever had to Billie Holiday, she was a true soulful talent. I'm so sad. I hope she is at peace." @DitaVonTeese



"I nevr know wht 2 post after paying respect 2 sum1 who died. Just seems lk anything funny is inappropriate. mayB I'll just go C HarryPotter" @aplusk



"Amy Winehouse. Sad sad sad. My heart goes out to her family and friends. What a waste." @joan\_rivers

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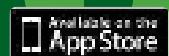
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# Guilt: A mother's disease

► Sometimes as a mom everything can be totally perfect ► Yet you feel this gnawing sensation that something is just not right ► It may be irrational but it feels very real



ELISABETH BRAW

METRO WORLD NEWS

Riley Harriff, 5, and his sister Maddy, 4, are happy children. They're well-adjusted, too, and do well in pre-school. But even so, their mother, Roberta, feels incessantly guilty.

"Every day I have times of feeling guilty for working too much, or having to work at all when I see so many stay-at-home moms," she says. "I feel guilty that I let them watch too much TV."

Harriff, 37, works full-time as a human resources administrator in Chicago.

"Sometimes I feel guilty because other kids are in dance classes and do sports, while we don't have the time or extra money to do those things with them right now. The guilt is constant!"

On a rational level, Harriff's guilt feelings are misplaced — but virtually every mother has them. "Mother's guilt goes back to biblical times," says Kathy Hirsh-Pasek, a professor of psychology at Temple University and the author of Einstein Never Used Flashcards: How Children Really Learn and Why They Need To Play More and Memorize Less.

"But today's mothers are expected to do it all, and they don't have extended family nearby. And

**"I have one hour in the morning and two hours before bed with my kids. It's hard to feel like you have quality time with them."**

HARRIFF, WORKING MOM

the grass is always greener on the other side: stay-at-home mothers want a job, 'working mothers' want to stay home, and mothers with part-time work feel insufficient in both roles."

But working mothers feel guilty more often. "I have one hour in the morning and two hours before bed with my kids, and most of that time is spent getting dressed, eating, and getting ready for bed," says Harriff. "It's hard to feel like you have quality time with them."

Though most scientific studies show no difference between children of stay-at-home-mothers and children of working mothers, some reports reverberate in the mother-guilt community. One, earlier this year, showed that children of working mothers gain two pounds more per year than other children.

Another study this year showed that when a mother works outside the home, her child's risk of having overnight hospitalizations, asthma episodes, injuries and poisonings increases by 200 per cent.



► Roberta Harriff with Maddy and Riley.

There's no formula to fix mother's guilt, says Hirsh-Pasek. "The best mothers make peace with themselves. If you don't have dinner ready on time, don't say, 'I failed again!' See it as an opportunity to teach your child that humans are not perfect and don't have to be."

## Julia's trick

► "Nope." That was Julia Roberts' answer when asked if she experienced mom guilt. She decided to be more selective about work, which is probably not possible for you.

But you could do this: "I try to have a steadfast rule that I run a kitchen, not a diner. So, I just make one meal...and I have to cook what I think we're all going to enjoy," she told Access Hollywood.

# 3

life

## New trend in diapers



Huggies' Little Movers Slip-On Diapers resemble blue jeans. They slip on like underpants but can be taken off using stickie tabs, like a regular diaper. Now your littler squirmers can be clean and fashionable. They debut this August. • MWN

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Milestones help gauge whether a child is developing normally, but there's variation.

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# What happens in Vegas?

## ► Pop star mothers say stints in Sin City bring stability to families

When most people think of Las Vegas, they see a haven for bleary-eyed gamblers, rampaging bachelor parties and all-night adventures. But for pop stars raising families, Sin City is about something else entirely: stability.

Celine Dion is ensconced in a residency in Vegas while her compatriot Shania Twain is preparing to join her on the Strip. And many female stars say that setting up shop in Vegas is a perfect way to perform for your fans while maintaining a secure family life for your kids.

"It's a wonderful gig for a stay-at-home mom," Vegas resident Marie Osmond said in a recent interview in Toronto.

"I mean, you can't beat it. I think that's probably a lot of the allure to women who have families."

"You know, you have a consistent job, you go to work at night, your children have a wonderful life. They can go to school and have their sports. They're not on the road with you."

And the majestic Vegas hotels and casinos that keep luring talent westward ensure that the transition is comfortable.

Twain, who is raising her nine-year-old son Eja with new husband Frederic Thiebaud, will begin a two-year Vegas jaunt on Dec. 1, 2012, with 60 shows per year to be performed at Caesars Palace.

Dion previously completed a five-year stint in 2007 and began a fresh three-year residency in March. She and husband Rene Angelil have a burgeoning brood to care for

— three sons, including twins who are still months shy of their first birthday.

So it makes sense, then, that the promise of a family friendly lifestyle was a big part of the pitch when Caesars first approached the performers.

When wooing Dion, the luxurious hotel provided a house for her family, said Caesars Entertainment's citywide entertainment director Carlos Reynoso. Reynoso said that other standard-issue perks for their headlining talent in-

clude car service, butlers (or any other staff needed) and accommodation for nannies.

"We do everything," Reynoso said in a telephone interview. "We make it as comfortable for them as possible."



► Shania Twain is headed to Las Vegas for a two-year stint that begins in December of next year.

And that is, of course, a

stark contrast to the realities of the road.

Even for artists of Twain or Dion's stature, touring can be a drag.

There are the sleepless nights traipsing around airports, the daily challenges of performing in an unfamiliar environment and the endless rotation of foreign hotel beds — furnished though they may be with Egyptian cotton and three-figure thread counts.

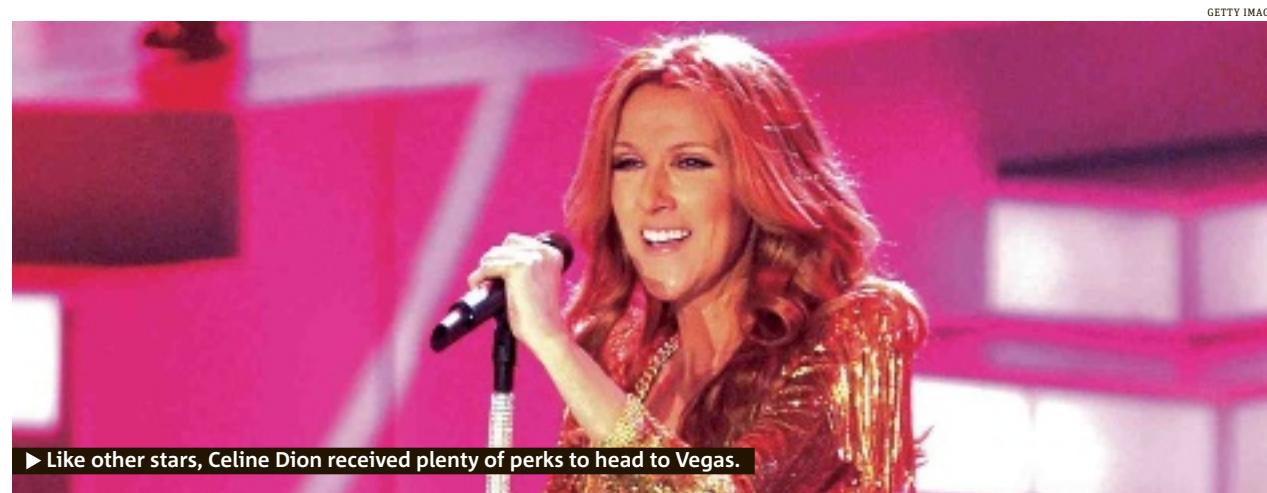
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► Like other stars, Celine Dion received plenty of perks to head to Vegas.

**"At the end of the day, Las Vegas is a destination market. It's a win-win situation. Not only do you get to see one of your favourite iconic stars, you also get to play in Las Vegas."**

**CARLOS REYNOSO, CAESARS ENTERTAINMENT'S CITYWIDE ENTERTAINMENT DIRECTOR**

## Osmonds



► Maria Osmond has raised eight children and does regularly travel with her kids — when she has to travel, that is.

► She has put down roots in Vegas. She recently played a series of shows in Toronto and immediately headed back to her Nevada home, where she's lived for two years now, and where her sons play lacrosse (she insists the sport is "huge" there).

► "It's kind of hard for the kids to really get involved and have their friends and things like that when you're always doing those types of things," explained Osmond, who has a regular gig performing with brother Donny at the Flamingo.

"It's a nice life for them."



# Bold Mexican flavours

► Carne Asada is practically a staple from the country ► This rendition is simple with a sauce and fresh corn salsa to accessorize the presentation

## Preparation:

**1** In bowl, combine HP Sauce, garlic, coriander, cumin, oregano, chili, salt, pepper and 15 ml (1 tbsp) water; pour half into resealable freezer bag, reserving remainder as basting sauce. Pierce beef all over with fork; place in bag and refrigerate up to 48 hrs.

**2** Place roast on greased grill over medium heat at 200 C (400 F); close lid and cook, turning occasionally and basting with reserved sauce, for 20 minutes or until instant-read thermometer reads 60 C (140 F) when inserted in centre.

**3** While meat cooks, grill corn, red pepper, onion with lid closed until ten-

## Ingredients:

- 50 ml (1/4 cup) HP Sauce
- 4 cloves garlic, minced
- 5 ml (1 tsp) each ground coriander, cumin and oregano
- 2 ml (1/2 tsp) each chili powder, salt, black pepper
- 1 kg (2 lb) beef tri-tip oven roast

## Fresh Corn Salsa

- 1 cob corn, husked
- 1/2 each sweet red pepper, seeded and sweet onion, sliced in thick rounds
- 1 can (540 ml/19 oz) black beans, drained and rinsed
- 75 ml (1/3 cup) cilantro
- 45 ml (3 tbsp) each olive oil and lime juice
- 1 ml (1/4 tsp) salt



► This recipe makes six servings.

der and slightly charred, 10 to 15 minutes. Cut corn kernels off cob into bowl. Dice red pepper and onion; add to corn. Stir in black beans, chopped cilantro, olive oil, lime juice and salt.

**4** Remove meat to cutting board; tent with foil and let stand for about 10 minutes before carving thinly across the grain. Serve with fresh corn salsa. THE CANADIAN PRESS/BEEFINFO.ORG

THE CANADIAN PRESS/H/O

## Rose Reisman's Swap It

Salads are disguised as the healthier choice of meals but can be a landmine of calories and fat. Dressings, nuts and butter glazes add to the count.

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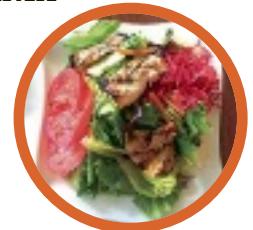


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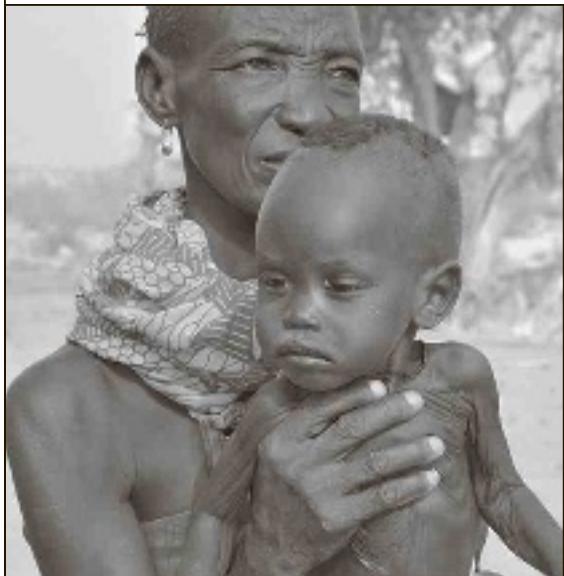
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THE CHICKEN IS NOT GLAZED. ALSO, THE BALSAMIC DRESSING LOWERS CALORIES AND FAT.

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# Hit the right notes and not the wrong nerve

► Breaking the silence can reduce the number of music-related injuries that occur each year, experts say



► Musician Eleanor Edgar, 29, says she's worried that Carpal Tunnel Syndrome will prevent her from ever picking up the accordion again.

Eleanor Edgar is afraid she may have to give up on her long-time dream of playing the accordion.

The 29-year-old Toronto violinist suffered for a year with an undiagnosed case of carpal tunnel syndrome before the pain got bad enough for her to see a doctor.

The self-taught accordionist was playing in an indie folk band and had just upgraded to a heavier instrument when she first noticed the pain in her left wrist.

"I haven't touched the accordion, and I don't

know if I ever will," said Edgar. "I need to protect my wrist for the other things I do, like playing violin and riding my bike. Carpal tunnel isn't something that goes away. It's something that comes back if you do the activities that exacerbate the tendon."

Music is a surprisingly muscle-intensive activity, says Michael Macaulay, a 22-year-old bassoonist currently afflicted with a strained wrist.

Last week, Macaulay attended a workshop on injury prevention as part of his training with the Na-

tional Youth Orchestra of Canada.

"It's a much more physical process than people realize, to perform (on) a musical instrument," said Macaulay. "It takes a lot of really muscular work to get through a long concert program."

That's why professional musicians tend to be diligent, highly technical and spend endless hours rehearsing.

"These people are very disciplined and very talented. They're like Olympic athletes," says Toronto-based audiologist Dr. Mar-

**"In many ways musicians are as macho as baseball players and football players. They may not be six-foot-eight, but they certainly have the same attitude, that I'm immortal and I can play through an injury."**

DR. MARSHALL CHASIN,  
AUDIOLOGIST

shall Chasin, who also took part in the workshop held at the University of Western Ontario.

But those hours of rehearsals can often translate into hearing loss or repetitive strain injuries if a musician has poor posture, uses excessive force or doesn't take good care of his or her overall health.

"In many ways musicians are as macho – and I mean that in the most negative sense – as baseball players and football players," said Chasin. "They may not be six-foot-eight, but they certainly have that same attitude, that I'm immortal and I can play through an injury."

For young musicians just beginning to carve out their careers, every show and every moment of practice can seem precious.

They suffer silently through pain, afraid to speak up out of fear of disqualifying themselves from a job or being forced to take a week-long hiatus.

But by keeping quiet, they risk exacerbating the injury to the point that they may have to put down the instrument for good.

The National Youth Orchestra is hoping to

change that culture of silence by providing its students with information on injury prevention. The organization incorporates stretches, warmups, massage techniques and information on various injury treatments into its program.

Living a healthy lifestyle – by getting a lot of cardiovascular exercise, resting and eating a healthy diet – can also help musicians avoid injury, especially as far as hearing is concerned. THE CANADIAN PRESS

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## TURNING POINT

TERESA KRUZE

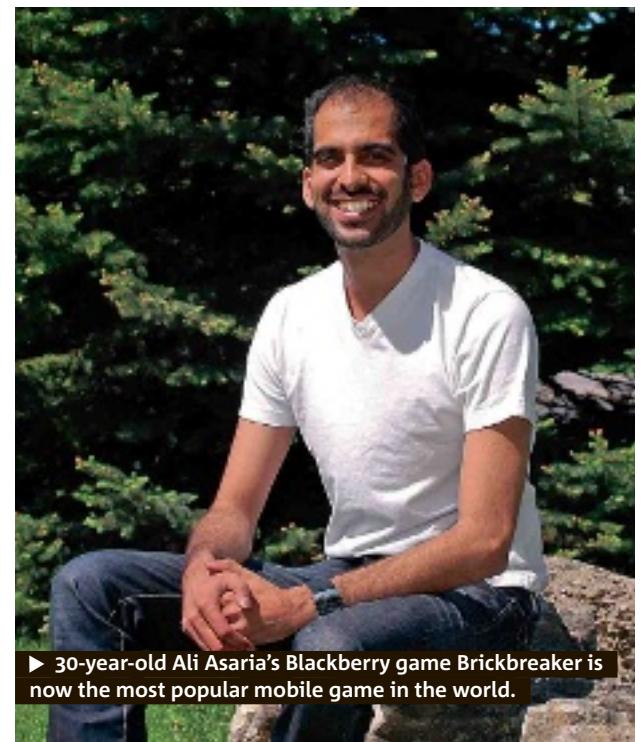
LIFE@METRONEWS.CA



Ali Asaria says he's fearless when it comes to computers.

"I'm not afraid of breaking things and I take risks."

His first job was at Research in Motion and in his spare time, Asaria developed the game called Brickbreaker. It is now the most popular mobile game in the world on close to 40 million Blackberrys. "Even U.S. President Obama likes playing it," Asaria says with a



► 30-year-old Ali Asaria's BlackBerry game Brickbreaker is now the most popular mobile game in the world.

laugh.

Three years ago Ali decided it was time to take another risk. He sold off everything he owned, and started his own e-commerce company based on his father's successful pharmacy business in Guelph, Ont.

"I would write software for the website during the day and pack boxes with orders at night. That was three years ago. We have

60 people working at Well.ca now."

What does the future hold for this fearless risk taker? Expansion. "From clothing to auto parts, we have big dreams and a big vision for growth."

The fastest growing e-commerce company in Canada and the most popular mobile game in the world. Not bad for an entrepreneur who just turned 30.

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Tour. Triumph



► Cadel Evans, in yellow, turns the corner at l'Arc de Triomphe yesterday during the final stage of the Tour de France.

MICHAEL STEELE/GETTY IMAGES

## Aussie Evans cruises to victory on final day of Tour de France

Cadel Evans won the Tour de France yesterday, becoming the first Australian champion to win cycling's greatest race. The 34-year-old Evans crossed the finish line on the Champs-Élysées at the end of the largely ceremonial final stage. He had virtually secured the title with his ride in the time trial in Grenoble a day earlier. Andy Schleck of Luxembourg finished second overall for the third straight year, with brother Frank Schleck in third.

THE ASSOCIATED PRESS



Quoted



**"I just think you appreciate the blessings you have ... I'm not the type of player that is going to win 10 times in a year. I just think I've learned to appreciate being where I am right now."**

SEAN O'HAIR, WHO BEAT KRIS BLANKS YESTERDAY TO WIN THE RBC CANADIAN OPEN AT THE SHAUGHNESSY GOLF AND COUNTRY CLUB IN VANCOUVER. BLANKS MISSED A BOGEY PUTT ON THE FIRST HOLE OF A SUDDEN-DEATH PLAYOFF TO HAND O'HAIR THE VICTORY. IT WAS O'HAIR'S FOURTH PGA TOUR VICTORY BUT HIS FIRST SINCE 2009. HE SHOT A 2-UNDER 68 TO FINISH AT 4 UNDER AT THE \$5.2-MILLION US TOURNAMENT.

# Jays get Cooperstown send-off

► Former Toronto second baseman Alomar and GM Gillick go into Hall of Fame side by side

The Toronto Blue Jays have finally built a nest in Cooperstown.

Roberto Alomar and Pat Gillick were given plaques beside one another in the Baseball Hall of Fame after getting inducted as part of the same class yesterday. It was fitting, as each of their memorials included a reference to the World Series titles they won together in Toronto in 1992 and '93.

Alomar spoke passionately about the five seasons he spent as a member of the Blue Jays during his acceptance speech.

The sharp-fielding second baseman thanked Gillick for the 1990 trade that brought him to Toronto and indicated the honour is a chance to give back to the fans in the city.

"My time in Toronto was the best of my career," said Alomar. "It was with Toronto that we won two World Series together — you guys embraced me from Day 1. You were with me through ups and downs and I am so proud to represent you here in Cooperstown as the first Toronto Blue Jay inducted into the Baseball Hall of

Fame."

The other Hall of Famers who once played for the Blue Jays — Phil Niekro, Paul Molitor, Dave Winfield and Rickey Henderson — were on stage as part of a group of returning members. But each of their careers were defined in other cities and carry different logos on their plaques.

Alomar is the first inducted with the Jays logo.

Gillick's speech included numerous references to the Blue Jays, a team he joined prior to the expansion season of 1977 and helped

build into a powerhouse.

"We thought it would be a great new challenge, accepted it and ended up living 30 years in that beautiful Canadian city," said Gillick. "For a baseball person, it was a dream come true — imagine being able to build a team from scratch in a city where everyone was excited about finally having a major-league team."

Former Minnesota Twins pitcher Bert Blyleven was also inducted alongside Alomar and Gillick.

THE CANADIAN PRESS



**"I consider the Toronto Blue Jays organization as an extension of my own family."**

ROBERTO ALOMAR

## Power pulls off Edmonton Indy win

Australia's Will Power held off a hard-charge from Team Penske teammate Helio Castroneves yesterday to win the Edmonton Indy.

Power started second,

overtook pole-sitter and leader Takuma Sato a quarter of the way through the race, then held off Castroneves to win by eight-tenths of a second.

THE CANADIAN PRESS



► Will Power

## NFLPA still poring over owners' proposal

A vote on a settlement to the lockout is what every NFL fan wants. Nobody is sure when that will happen.

The players' executive committee will meet today after lawyers worked through the weekend on

the issues holding up an agreement with the owners. Several people with knowledge of the meeting have told The Associated Press that no vote to recommend a deal is certain today.

THE ASSOCIATED PRESS

## MAJOR LEAGUE BASEBALL

## AMERICAN LEAGUE

	W	L	Pct	GB
Boston	62	37	.626	—
New York	59	40	.596	3
Tampa Bay	53	47	.530	9½
Toronto	50	51	.495	13
Baltimore	40	58	.408	21½

## CENTRAL DIVISION

	W	L	Pct	GB
Detroit	54	47	.535	—
Cleveland	51	48	.515	2
Chicago	49	51	.490	4½
Minnesota	47	54	.465	7
Kansas City	42	59	.416	12

## WEST DIVISION

	W	L	Pct	GB
Texas	58	43	.574	—
Los Angeles	55	47	.539	3½
Oakland	44	57	.436	14
Seattle	43	58	.426	15

## Yesterday's results

Boston 12 Seattle 8  
 Chicago White Sox 4 Cleveland 2  
 Detroit 5 Minnesota 2  
 L.A. Angels 9 Baltimore 3  
 N.Y. Yankees 7 Oakland 5  
 Tampa Bay 5 Kansas City 0  
 Toronto at Texas  
**Saturday Results**  
 Texas 5 Toronto 4  
 Baltimore 3 L.A. Angels 2  
 Boston 3 Seattle 1  
 Kansas City 5 Tampa Bay 4 (10 innings)  
 Minnesota 4 Detroit 1  
 Oakland 4 N.Y. Yankees 3  
 Chicago White Sox at Cleveland (ppd, rain)  
**Tonight's games**  
 L.A. Angels (Haren 10-6) at Cleveland (Carmona 5-10), 7:05 p.m.  
 Seattle (Vargas 6-8) at N.Y. Yankees (F.Garcia 8-7), 7:05 p.m.  
 Kansas City (Davies 1-9) at Boston (Lester 10-4), 7:10 p.m.  
 Minnesota (Blackburn 7-6) at Texas (D.Holland 8-4), 8:05 p.m.  
 Detroit (Below 0-0) at Chicago White Sox (Buehrle 7-5), 8:10 p.m.  
 Tampa Bay (Hellickson 9-7) at Oakland (Moscato 3-5), 10:05 p.m.

## BLUE JAYS STATISTICS

BATTERS	AB	R	H	HR	RBI	AVG
Bautista	318	75	105	31	69	.330
Molina	108	14	34	2	9	.315
Thames	139	26	42	4	19	.302
Escobar	354	54	106	9	38	.299
Lind	299	42	88	18	56	.294
Encarnacion	280	37	73	7	24	.261
Patterson	313	44	79	6	33	.252
Davis	290	40	70	1	27	.241
McCoy	77	11	18	1	5	.234
Snider	155	18	36	3	29	.232
Hill	319	31	73	4	37	.229
McDonald	139	16	31	2	16	.223
Arenicibia	273	32	59	15	42	.216
<b>PITCHERS</b>	<b>W</b>	<b>L</b>	<b>SV</b>	<b>IP</b>	<b>SO</b>	<b>ERA</b>
McCoy	0	0	1	0	0	0.00
Rzepczynski	2	3	0	39.1	33	2.97
Frasor	2	1	0	42.1	37	2.98
Janssen	3	0	1	28.2	27	3.14
Romero	7	9	0	134.2	117	3.27
Villanueva	5	2	0	90.0	61	3.40
Dotel	2	1	1	29.1	30	3.68
Rauch	4	3	7	41.2	29	3.89
Morrow	7	4	0	101.2	117	4.34
Camp	1	1	1	43.1	19	4.78
Francisco	1	4	1	20.8	28.2	5.34
Cecil	2	4	0	48.1	35	5.59

Not including last night's game

## NATIONAL LEAGUE

EAST DIVISION	W	L	Pct	GB
Philadelphia	64	36	.640	—
Atlanta	59	42	.584	5½
New York	50	51	.495	13
Washington	49	52	.485	15½
Florida	49	53	.480	16

## CENTRAL DIVISION

W	L	Pct	GB	
Pittsburgh	52	47	.525	—
St. Louis	53	48	.525	—
Milwaukee	54	49	.524	—
Cincinnati	49	51	.490	3½
Chicago	42	60	.412	11½
Houston	33	68	.327	20

## WEST DIVISION

W	L	Pct	GB	
San Francisco	59	43	.578	—
Arizona	55	47	.539	4
Colorado	48	54	.471	11
Los Angeles	45	56	.446	13½
San Diego	44	58	.431	15

## Yesterday's results

Arizona 7 Colorado 0  
 Chicago Cubs 5 Houston 4 (10 innings)  
 Florida 5 N.Y. Mets 4  
 L.A. Dodgers 3 Washington 1  
 Philadelphia 8 San Diego 3  
 Pittsburgh 4 St. Louis 3 (10 innings)  
 San Francisco 2 Milwaukee 1  
 Atlanta at Cincinnati  
**Saturday Results**  
 Arizona 12 Colorado 3  
 Chicago Cubs 5 Houston 1  
 Cincinnati 11 Atlanta 2  
 Florida 8 N.Y. Mets 5  
 L.A. Dodgers 7 Washington 6  
 Philadelphia 8 San Diego 6  
 San Francisco 4 Milwaukee 2  
 St. Louis 9 Pittsburgh 1  
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 Detroit (Below 0-0) at Chicago White Sox (Buehrle 7-5), 8:10 p.m.  
 Tampa Bay (Hellickson 9-7) at Oakland (Moscato 3-5), 10:05 p.m.

## SATURDAY

## RANGERS 5, BLUE JAYS 4

Toronto ab r h bi Texas ab r h bi  
 VEscors ss 4 1 2 0 Kinsler 2b 4 1 1 0  
 ETHms rf 4 2 2 1 Andrus ss 4 0 0 1  
 CPrtrsn rf 0 0 0 0 JHmltn cf 4 1 3 1  
 Lind 1b 3 0 1 1 Mitong dh 5 0 2 0  
 A.Rodriguez 1b 4 0 1 1 N.Cruz rf 4 0 1 0  
 Encrc3b 4 0 0 0 DvMrp lf 4 1 2 0  
 A.Hill 2b 4 0 1 0 Torreal c 4 0 0 0  
 Snider lf 4 0 0 0 CDavis 3b 3 0 1 1  
 RDavis cf 3 0 1 0 Napolih p 0 1 0 0  
 Arendt cc 3 1 1 1 Morlnd 1b 3 0 2 0  
**Totals** 33 4 9 4 **Totals** 35 5 12 5  
**Toronto** 100 003 000 4  
**Texas** 001 110 002 5

Two outs when winning run scored.  
 E-Rzepczynski (1), Andrus (18). DP-Toronto 1, Texas 2. LOB-Toronto 3, Texas 9. 2B-Y.Escobar (2), E.Thames (12), Lind (10), Kinsler (24), N.Cruz (17), 3B-E.Thames (3), J.Hamilton (3). HR-Arenicia (15). SB-J.Hamilton (6), Dav.Murphy (6). CS-Y.Escobar (2), R.Davis (10). S-Kinsler, Moreland.

## AL LEADERS

G	AB	R	H	Avg
AdGonzalez Bos	97	397	68	.136
Bautista Tor	90	318	75	.230
MyYoung Tex	99	394	48	.130
Kothman TB	84	280	25	.292
JhPeralta Det	90	324	44	.105
Ellsbury Bos	97	398	73	.177
McCabre Det	100	346	67	.199
VMartinez Det	85	313	43	.133
Konerko ChiW	96	352	44	.109
AGordon KC	95	343	40	.104
RUNS — Granderson, New York, 87; Bautista, Toronto, 75; Ellsbury, Boston, 73; Kinsler, Texas, 70; Ad-Gonzalez, Boston, 68; McCabre, Detroit, 67; Pe-droia, Boston, 65.				
RBIs — AdGonzalez, Boston, 136; MiYoung, Texas, 130; Ellsbury, Boston, 127; McCabre, Kansas City, 123; AGordon, Kansas City, 117; Markakis, Baltimore, 115; ACabrera, Cleveland, 114; Pedroia, Boston, 114.				
HOME RUNS — Berkman, St. Louis, 27; Kemp, Los Angeles, 24; Fielder, Milwaukee, 22; Pujols, St. Louis, 22; Bruce, Cincinnati, 21; Stanton, Florida, 21; CPena, Chicago, 20.				
HITS — JosReyes, New York, 132; SCastro, Chicago, 125; Burn, Houston, 119; Pence, Houston, 118; Votto, Cincinnati, 117; JUpton, Arizona, 112; RWeks, Milwaukee, 112.				
STOLEN BASES — Gardner, New York, 31; Andrus, Texas, 29; RDavis, Toronto, 29; Ellsbury, Boston, 28; Crisp, Oakland, 27; ISuzuki, Seattle, 26; Upton, Tampa Bay, 23.				
PITCHING — Jurrjens, Atlanta, 12-3; Hamels, Philadelphia, 12-5; Kennedy, Arizona, 11-3; Kershaw, Los Angeles, 11-4; Halladay, Philadelphia, 11-4; Hanson, Atlanta, 11-5; Gallard, Milwaukee, 11-6; Correa, Pittsburgh, 11-8.				
YESTERDAY'S GAMES NOT INCLUDED				

YESTERDAY'S GAMES NOT INCLUDED

## GOLF

## PGA-CANADIAN OPEN

At Vancouver  
 Par: 70 (35-35)  
 (a-amateur)  
**Final Round**  
 (x—won on first playoff hole):  
 x-Sean O'Hair, \$936,000 69-73-66-68—276  
 Stacy Lewis, \$302,406 69-67-69-70—275  
 I.K. Kim, \$175,223 74-68-70-70—276  
 Andres Romero, \$353,600 72-68-67-70—277  
 Geoff Ogilvy, \$228,800 70-68-70-70—278  
**Adam Hadwin, \$228,800** 72-66-68-72—278  
 Woody Austin, \$174,200 68-75-68-68—279  
 Scott Piercy, \$174,200 70-70-69-70—279  
 Bo Van Pelt, \$174,200 68-72-65-74—279  
 Charl Schwartzel, \$140,400 71-67-73-69—280  
 Spencer Levin, \$140,400 73-66-72-69—280  
 a-Patrick Cantlay 72-71-68-69—280  
 John Daly, \$140,400 70-71-73-67—281  
 Chez Reavie, \$105,300 70-71-73-67—281  
 Josh Teater, \$105,300 73-66-72-70—281  
 Cameron Tringale, \$105,300 73-66-72-70—281  
 Bud Cauley, \$105,300 69-68-72-72—281  
 Lee Janzen, \$78,000 70-73-72-69—281  
 Luke Donald, \$78,0

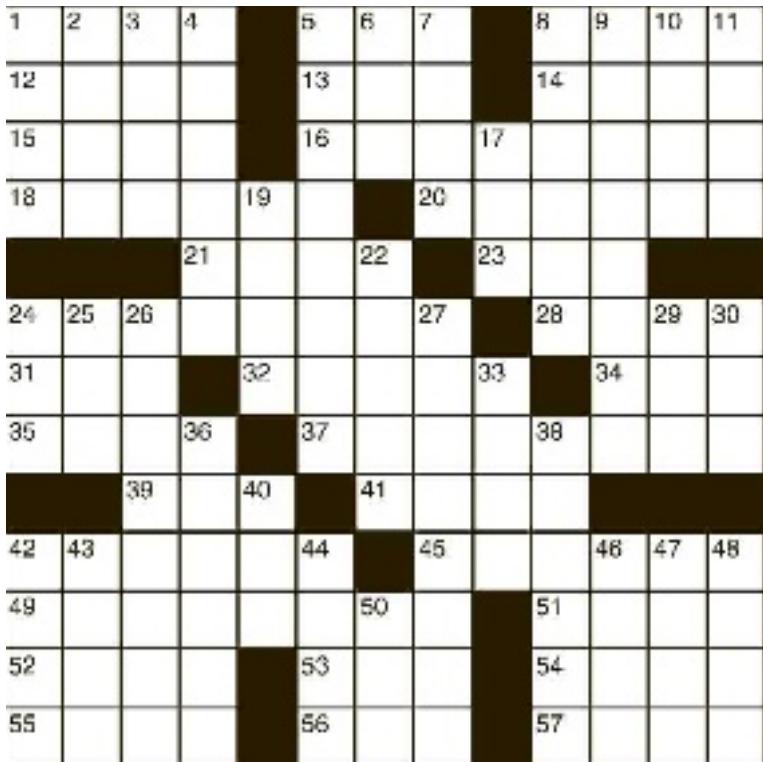
## Crossword

**Across**

1 Study hard  
5 And so on (Abbr.)  
8 Halt  
12 Volcanic outflow  
13 Ultramodern (Pref.)  
14 Sulk  
15 In due time  
16 Liar, e.g.  
18 60 seconds  
20 Assault  
21 Bedouin  
23 That woman  
24 Bridge player who calls trump  
28 Faction  
31 Past  
32 Jeopardy  
34 Mangy mutt  
35 Nonsense  
37 Translate a cryptogram  
39 Ford Explorer or Isuzu Rodeo  
41 Norse thunder god  
42 Slowly, in music  
45 Low in hemoglobin  
49 Last page, maybe  
51 Ocean motion  
52 Requests  
53 Antiquated  
54 Walked (on)  
55 Atomizer output  
56 Type squares  
57 Harvard rival

**Down**

1 Chowder ingredient  
2 Hindu princess  
3 Shakespeare's river  
4 Handbook



5 Ingratiated  
6 Golf ball prop  
7 Comical Imogene  
8 Hits, old-style  
9 Russian comrade  
10 Oil cartel acronym  
11 Fringe benefit, for short  
12 Biblical verb suffix  
13 Snare  
14 Jaunty chapeau  
15 Light touch  
16 Id counterpart  
17 Russian horsemen  
18 Stones guitarist  
19 Keith



For today's crossword answers and for expanded horoscopes, go to metronews.ca

## Today's horoscope

**Aries** March 21-April 20 Yes, you need an outlet for your stress but no, splashing out on things you can't afford isn't the way.

**Taurus** April 21-May 21 Give others the benefit of the doubt today, even if they don't really deserve it.

**Gemini** May 22-June 21 There is no cosmic law that says you have to conform to what other people think.

**Cancer** June 22-July 22 The planets indicate this is a good day for using your time and your talents to assist those who are in some way less fortunate than you

**Leo** July 23-Aug. 23

The ends never justify the means – unless, of course, the means are undoubtedly good.

**Virgo** Aug. 24-Sept. 22 Virgo is ruled by Mercury, planet of communication, so speak up

**Libra** Sept. 23-Oct. 23 You may prefer to keep a romantic interest private but that may not be possible today

**Scorpio** Oct. 24-Nov. 22

Sweep the object of your desire off his or her feet.

**Sagittarius** Nov. 23-Dec. 21

If you need a favor from someone in a position of authority now is

## ► Yesterday's answer



## Sudoku

8	6						2	5
7				4			9	
		3	5		9	8		
				2	1			1
6								
		7	8					
	8	4		5	6			
5			7			8		
2	9				1	7		

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's answer ►

7	4	3	9	2	5	1	8	6
1	2	8	6	7	4	9	3	5
5	8	9	3	1	6	4	2	7
9	5	6	2	4	3	8	7	1
4	1	7	8	5	6	2	9	3
9	3	2	7	9	1	5	8	4
6	9	4	6	8	2	7	1	8
3	7	5	1	8	9	6	4	2
2	8	1	4	6	7	3	5	9

## Today



## Tuesday



## Send a KISS

You can now post your kiss, and read even more kisses, online at [metronews.ca/kiss](http://metronews.ca/kiss).

**Lovely Lady**  
Sun is shining, flowers are smiling but hey even the flowers can't beat your smile. Wishing you a very wonderful day, my love. ha-ha :):LOL FROM BLOVER WHO MISSES YOUR SMILE A LOT

**Penguin**  
Wow..I have a GF really, since when? The only person I ever loved is a blond gal with big beautiful eyes and a killer smile, and whom I have not seen for last 3 weeks. And whom I met 2 years ago and lost my heart about a year ago. There is a great misunderstanding or somebody tried to create it. Anyway have a lovely night n great weekend!

FROM DJ FISH

## Caption contest



## You write it!

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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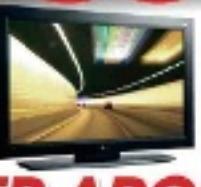
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**07 Volvo S40**

- Load, A/C, Lthr, Auto
- st: 32332
- km: 77729

**\$14,870**  
\$135\*\*  
Bi-weekly



**07 Beetle Convert.**

- Load, A/C, Lthr, Auto
- st: 32279
- km: 74238

**\$16,940**  
\$161\*\*  
Bi-weekly



**08 Accord EX**

- Load, A/C, Roof, Auto
- st: 32255
- km: 98887

**\$15,870**  
\$145\*\*  
Bi-weekly



**07 Nissan Quest**

- Load, A/C, Auto
- st: 32409
- km: 95995

**\$13,650**  
\$124\*\*  
Bi-weekly



**07 Camry LE**

- Load, A/C, Auto
- st: 31960
- km: 94029

**\$12,960**  
\$118\*\*  
Bi-weekly



**08 Tribute**

- Load, A/C, Auto
- st: 32222
- km: 63888

**\$12,750**  
\$116\*\*  
Bi-weekly



**08 Ford Escape XLT**

- Load, A/C, Auto
- st: 32348
- km: 95579

**\$12,970**  
\$118\*\*  
Bi-weekly



**GREAT  
VEHICLES  
UNDER**

**\$10,000**

**07 Sienna CE**

- Load, A/C, Auto
- st: 32328
- km: 92142

**\$15,930**  
\$145\*\*\*  
Bi-weekly



**07 Calibre SXT**

- Load, A/C
- st: 31750
- km: 102450

**\$7,890**  
\$72\*\*  
Bi-weekly



**07 Montana SV6**

- Load, A/C
- st: 31570
- km: 94151

**\$8,970**  
\$85\*\*  
Bi-weekly



**07 Matrix**

- Std
- st: 31443
- km: 91796

**\$8,850**  
\$81\*\*  
Bi-weekly



**07 Kia Spectra LX**

- Load, A/C, Auto
- st: 32399
- km: 63321

**\$8,360**  
\$76\*\*  
Bi-weekly



**10 Mustang Convert**

- Load, A/C, Auto
- st: 31839
- km: 53533

**\$23,850**  
\$185\*\*\*  
Bi-weekly



**10 Gr. Caravan SXT**

- Stow N Go, Load, A/C
- st: 32402
- km: 32783

**\$19,850**  
\$161\*\*\*  
Bi-weekly



**07 Chevrolet HHR LS**

- Load, A/C, Auto
- st: 32196
- km: 53821

**\$9,460**  
\$86\*\*  
Bi-weekly



**07 Saturn Aura XE**

- Load, A/C, Auto
- st: 31687
- km: 81620

**\$9,660**  
\$88\*\*  
Bi-weekly



**09 PT-Cruiser**

- Load, A/C, Auto
- st: 31538-B
- km: 80091

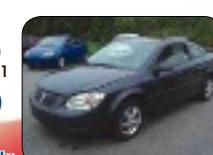
**\$8,950**  
\$72\*\*\*  
Bi-weekly



**08 Pontiac G5 Coupe**

- A/C, Auto
- st: 31249
- km: 68951

**\$8,650**  
\$79\*\*  
Bi-weekly



**07 Saab 9-3**

- Load, A/C, Roof, Lthr, Auto
- st: 32300
- km: 92935

**\$12,650**  
\$115\*\*  
Bi-weekly



**08 Benz B200**

- Load, A/C, Auto
- st: 32353
- km: 66500

**\$17,880**  
\$163\*\*  
Bi-weekly



**07 Sebring**

- Load, A/C
- st: 31515
- km: 86262

**\$9,680**  
\$88\*\*  
Bi-weekly



**08 Ford Focus SE**

- Load, A/C, Auto
- st: 31986
- km: 91981

**\$8,970**  
\$82\*\*  
Bi-weekly



**08 Corolla CE**

- Load, A/C, Roof
- st: 32104
- km: 81859

**\$9,960**  
\$91\*\*  
Bi-weekly



**07 Ford Fusion SE**

- Load, A/C, Roof, Auto
- st: 32483
- km: 88779

**\$9,970**  
\$91\*\*  
Bi-weekly



**07 Passat**

- Load, A/C, Lthr, Auto
- st: 32272
- km: 71030

**\$14,930**  
\$136\*\*  
Bi-weekly



**08 Mazda3**

- A/C, Auto
- st: 32404
- km: 83798

**\$10,850**  
\$99\*\*\*  
Bi-weekly



**07 Mazda5 GS**

- Load, A/C
- st: 32208
- km: 71434

**\$9,960**  
\$91\*\*  
Bi-weekly



**08 Ford Ranger XL**

- Std
- st: 32350
- km: 82025

**\$9,820**  
\$89\*\*  
Bi-weekly



**07 Golf City**

- Std
- st: 31531
- km: 74669

**\$8,960**  
\$82\*\*  
Bi-weekly



**07 Pontiac Vibe**

- A/C, Std
- st: 32044
- km: 95204

**\$8,950**  
\$88\*\*  
Bi-weekly



**08 Patriot Sport**

- Utility North Ed, Load, Auto
- st: 32110
- km: 52366

**\$10,980**  
\$100\*\*  
Bi-weekly



**10 Toyota Yaris**

- Load, A/C, Auto
- st: 32076
- km: 50602

**\$12,850**  
\$104\*\*\*  
Bi-weekly



**07 Saturn VUE**

- Load, A/C, Auto
- st: 32179
- km: 47893

**\$10,650**  
\$97\*\*  
Bi-weekly



**07 Rabbit**

- Load, A/C
- st: 32274
- km: 77858

**\$13,950**  
\$127\*\*  
Bi-weekly



**10 Elantra**

- Load, A/C, Auto
- st: 28306-A
- km: 14954

**\$13,200**  
\$107\*\*\*  
Bi-weekly



**08 Altima 2.5S**

- Load, A/C, Auto
- st: 32193
- km: 73130

**\$13,820**  
\$126\*\*  
Bi-weekly



**07 Mazda CX7 GS**

- Load, A/C, Roof, Auto
- st: 31015
- km: 73600

**\$14,950**  
\$136\*\*  
Bi-weekly



**ARE YOU EMPLOYED  
BY FEDERAL, PROVINCIAL OR  
MUNICIPAL GOVERNMENT?  
IF YES, FINANCE YOUR VEHICLE AT MEGA &<**